RISING SOPHOMORE ABROAD PROGRAM: CHINA

INCLUDED ON TOUR

Round-trip flights on major carriers; Full-time Tour Director; Air-conditioned motorcoaches and internal transportation; Superior tourist-class hotels with private bathrooms; Breakfast daily; Select meals with a mix of local cuisine.

Sightseeing: Beijing; Shanghai; Suzhou

Entrances:
- Summer Palace
- Dragon Boat Ride
- Taiji Exercise Summer Palace
- Forbidden City
- Tiananmen Square
- 2 Business Visits, Beijing
- Tea Ceremony, Beijing
- Hutong Tour in a Rickshaw
- Great Wall of China, Badaling
- The Bund
- Jade Buddha Temple
- Yu Yuan Garden
- Acrobatic Show, Shanghai
- 2 Business Visits, Shanghai
- Urban Planning and Development Museum
- Shanghai World Financial Center
- Cultural Exchange with Local Students, Shanghai
- Shanghai Museum
- Liu Yuan (Lingering Garden)
- Shou Sheng Yuan (Humble Administrators Garden)
- Hu Qiu Shan (Tiger Hill)
- Evening Huangpu River Cruise, Shanghai

Overnight Stays:
- Beijing (6)
- Shanghai (5)

NOT INCLUDED ON TOUR

Optional excursions; Global Travel Coverage; Beverages and lunches (unless otherwise noted); Transportation to free-time activities; Customary gratuities (for your Tour Director, bus driver and local guide); Porterage; Adult supplement (if applicable); Weekend supplement; Shore excursion on cruises; Any applicable baggage-handling fee imposed by the airlines (see efct.com/baggage for details); Expenses caused by airline rescheduling, cancellations or delays caused by the airlines, bad weather or events beyond EF’s control; Passports, visa and reciprocity fees
YOUR ITINERARY

Day 1: Board Your Overnight Flight to Beijing!

Day 2: Beijing

Arrive in Beijing
Touch down in Beijing! Recall that it was in this city that Chairman Mao proclaimed the People’s Republic of China in 1949. Meet your bilingual Tour Director who will remain with you throughout your stay.

Dinner is included this evening.

Overnight in Beijing

Day 3: Beijing

Guided Sightseeing of Beijing
An expert local guide introduces you to the Chinese capital, a treasure chest of imperial monuments. This ancient city first received its modern name when it became the capital for the second time in Chinese history in 1402 (“Beijing” means “Northern Capital”). See Tiananmen Square (the Gate of Heavenly Peace), the largest public square in the world. Visit the Forbidden City (Gugong), once accessible only to the Emperor. Get a close-up look at the golden-roofed Imperial Palace, one of the world’s greatest architectural achievements. Hundreds of thousands of workers labored on the construction of this palatial complex during the Ming Dynasty. It was later removed during the 18th century (Qing Dynasty). Although situated in the very heart of Beijing, the Forbidden City is surrounded by both a moat and a protective wall. The emperors who once resided here often spent their entire lives within the complex - it was not until 1949 that a “commoner” set foot inside the area. Next, you will visit the Summer Palace. Formerly a palace for feudal Emperors, the Summer Palace is a magnificent example of China’s classical garden architecture. The Palace grounds were originally divided into three sections, one for court activities, one for imperial residence and one for sight-seeing. The Long Corridor, the Paiyun (Cloud-Dispelling) Hall, the Temple of Buddhist Virtue, the Marble Boat, the Xiequ (Harmonious-Interest) Garden, the Zhichun (Spring-Heralding) Pavilion, and the Seventeen-Arch Bridge are the palace’s main attractions.

Tai-Chi Lesson
Relax the way the locals do: with a gentle series of stretching exercises in a local park led by an experienced practitioner.

Peking Duck Dinner
Tonight you will be treated to the sumptuous dish that northern China is famous for: Peking duck! During this special feast, learn about the ritual preparation and savory side dishes that accompany this regional specialty.

Overnight in Beijing

Day 4: Beijing

Visit a Local Business, Engineering Focus
Visit a local business today with a focus on engineering.

Visit a Tea House
You’ll better understand the importance of tea in Chinese culture when you visit a tea house. Not only for refreshment, Chinese tea holds a place in medicine, art and even literature. Inhale the earthy aromas and experience the culture and custom surrounding this ancient pastime as you are served a traditional tea.

Rickshaw Tour of Hutongs
A hutong is an ancient city alley or lane typical in Beijing. Today, although the city is becoming an international metropolis, its small lanes and alleyways still provide access to dwellings for half the total urban population.

Dinner with a Local Family in Hutong
Students will be split into small groups to join local families in the Hutong area for dinner and get a glimpse into the daily life of these families.

Overnight in Beijing

Day 5: Beijing

Excursion to the Great Wall of China
Travel north to Badaling to view one of the wonders of the world: the Great Wall of China. Its construction began in the 5th century B.C. as a defense against the Mongols: 300,000 people labored on it over several centuries. Today the wall extends across mountains and valleys for more than 3,000 miles, but many argue that it is currently only one-tenth of its original length! In fact, if one were to take all of the stone used in the Great Wall’s construction, one could build another wall - 8 feet high - around the entire globe.

Overnight in Beijing

Day 6: Beijing

Visit a Local Business, Engineering Focus
Visit a local business today with a focus on engineering.

Free Afternoon in Beijing
Enjoy free time to explore the city on your own today.

Overnight in Beijing

Day 7: Beijing

Free Day in Beijing
Enjoy some free time to explore the city on your own and do some souvenir shopping. You may wish to go to the Silk Alley and Friendship Store, where you can get all types of handicrafts and clothes.

Overnight in Beijing

Day 8: Shanghai

Board a High Speed Train to Shanghai
Arrive in Shanghai, China’s largest and most cosmopolitan city. Shanghai (meaning “up from the sea”) has been an important port since the Opium War. Recall that it was in Shanghai that China’s Communist Party - and later the Cultural Revolution - first originated.

Dinner is included this evening.

Overnight in Shanghai
Day 9: Shanghai

Guided Sightseeing of Shanghai
Your tour begins in the heart of the city with a visit to the Bund (once considered the “Wall Street of the East”), a beautifully landscaped promenade overlooking the waterfront. You will also view the Jade Buddha Temple; the extraordinary Buddhas you see here (each sculpted from a piece of white jade) were brought from Burma by a Chinese monk in the last century. Continue on to the glorious Yu Yuan Garden, a showplace of classical Chinese landscaping dating back to 1537. As you stroll along its winding paths, past goldfish ponds, shrubs and pavilions, note that the Chinese consider gardening a complex art form in which the challenge is to construct an entire world in miniature using minerals, plants, and animals in a limited space. Then spend time admiring the crafts and delicacies in the interesting shops that line colorful Nanjing Road.

See an Acrobatic Show
Witness a thrilling display by talented performers during today’s show of traditional Chinese acrobatics.

Overnight in Shanghai

Day 10: Shanghai

Visit a Local Business
Starting out as a fishing and textiles town, Shanghai has emerged as the world’s busiest cargo port and a major player in the global economy. Today, visit a leading Shanghai company with a focus on engineering.

Visit the Shanghai Museum of Urban Planning
During your visit to SUPEC you will get to view many exhibitions on the architecture and urban planning of Shanghai from traditional to modern. Take some time to reflect and compare urban planning in Shanghai to other cities around the world.

Visit the World Financial Center
Today you will visit one of tallest buildings in the world. It is a mixed use skyscraper which consists of offices, hotels, conference rooms, observation decks, and shopping malls on the ground floors. The highest view is at 474 m (1,555 ft) above ground level.

Overnight in Shanghai

Day 11: Shanghai

Guided Excursion to Suzhou
Journey to Suzhou, sometimes referred to as the Venice of the East. Here, you will enjoy a guided sightseeing of the city’s famous gardens, including the Lingering Garden, the Humble Administrators’ Garden and Tiger Hill. Tiger Hill is home to some local historic sights, chief among them the remarkable leaning Yunyan Ta (Cloud Rock Pagoda) at the top of the hill. Now safely shored up by modern engineering (although it still leans), this seven-story octagonal pagoda dating from A.D. 961 is thought to be sitting on top of the legendary grave of He Lu, king of Wu during the Spring and Autumn period (770-464 B.C.), and also Suzhou’s founder. He Lu was reportedly buried with his arsenal of 3,000 swords, his tomb guarded by a white tiger, which was said to have appeared 3 days after the king’s death (hence the name of the hill). You will also visit the Humble Administrators’ Garden, sometimes translated tongue-in-cheek as “Garden of the Stupid Officials.” This is the largest of Suzhou’s gardens, dating from 1513, and it makes complex use of the element of water. Linked by zigzag bridges, the maze of connected pools and islands seems endless.

The creation of multiple vistas and the dividing of spaces into distinct segments are the garden artist’s means of expanding the compressed spaces of the estate.

Overnight in Shanghai

Day 12: Suzhou

Cultural Exchange with Local Students
Meet with a local professor and students to learn about college life in China. Exchange ideas, share opinions and ask questions about the future of business in this thriving country.

Visit the Shanghai Museum
The museum design provides an architectural insight into modern China while the marvelous collection of ancient artifacts offers a glimpse into China’s rich history. Built in the shape of a Ding vessel, the museum has over 10,000 square meters devoted to the preservation of countless treasures.

Visit a Local Business
Today, visit a second local business, with a focus on engineering.

Evening River Cruise
Enjoy a scenic river cruise this evening on the Huangpu River.

Dinner is included this evening.

Overnight in Shanghai

Day 13: Board Return Flight Home

Transfer to the Airport for Your Return Flight
Your Tour Director assists with your transfer to the airport, where you’ll check in for your return flight home.

Itinerary is subject to change

For complete financial and registration details, please refer to the Booking Conditions at www.efcst.com/bc.
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